

Harvest Sustainable Income Fund Announces Monthly Distribution Amount

TORONTO, January 14 – Harvest Portfolios Group Inc., the manager of Harvest Sustainable Income Fund (TSX: HSI.un) (the "Fund"), is pleased to announce an expected monthly distribution amount for the following twelve months commencing January 31, 2011 of \$0.065 per trust unit ("Trust Unit") of the Fund (\$0.78 per annum).

The Fund's investment objectives are to: (i) provide unitholders with monthly distributions; and (ii) provide long-term capital preservation while reducing volatility.

Certain statements included in this news release constitute forward-looking statements, including, but not limited to, those identified by the expressions "expect", "intend", "will" and similar expressions to the extent they relate to the Fund. The forward-looking statements are not historical facts but reflect Harvest Portfolios Group Inc. current expectations regarding future results or events. These forward-looking statements are subject to a number of risks and uncertainties that could cause actual results or events to differ materially from current expectations. Although Harvest Portfolios Group Inc. believes that the assumptions inherent in the forward-looking statements are reasonable, forward-looking statements are not guarantees of future performance and, accordingly, readers are cautioned not to place undue reliance on such statements due to the inherent uncertainty therein. Harvest Portfolios Group Inc. undertakes no obligation to update publicly or otherwise revise any forward-looking statement or information whether as a result of new information, future events or other such factors which affect this information, except as required by law.