

HARVEST CANADIAN INCOME & GROWTH FUND (HCF.UN-T) announce special distribution

TORONTO – January 7, 2011 - Harvest Portfolios Group Inc. (“Harvest”), the manager of Harvest Canadian Income & Growth Fund is pleased to announce today that it intends to pay out a special distribution of \$0.03 per trust unit on HCF.UN to unitholders of record on December 31, 2010 (the “Record Date”). The special distribution is expected to be paid on or before January 14, 2011. The special distribution is derived from realized capital gains on investments.

For further information: for media inquiries or additional information: please contact Harvest Portfolios Group Inc. at [info@harvestportfolios.com](mailto:info@harvestportfolios.com) or at 1-866-998-8298.